

SEPTEMBER MENUS

Sept 1	
Friday	Oatmeal OR Cereal/WG Muffin, Fruit/Juice, Milk Hot Dog on WG Bun, Mixed Vegetables, Baked Beans, Mandarin Oranges
Sept 4-8	
Monday	NO SCHOOL - LABOR DAY
Tuesday	Scrambled Eggs, WG Toast OR Cereal/WG Toast, Fruit/Juice, Milk Salisbury Steak, Mashed Potatoes w/ Gravy, WG Breadstick, Peaches
Wednesday	Sausage Gravy over Biscuits OR WG Cereal/WG Biscuit, Fruit/Juice, Milk Chicken Teriyaki, WG Rice, Peas, Applesauce
Thursday	Cereal, WG Toast, Fruit/Juice, Milk Chicken Nuggets, Corn, FF and/or Swt FF, Mandarin Oranges
Friday	WG Waffles, Sausage OR Cereal/Waffle, Fruit/Juice, Milk Nachos w/ Cheese Sauce OR Bean Dip, Green Beans, Celery w/ PB, Pears
Sept 11-15	
Monday	WG Pancake, Sausage OR Cereal/Sausage, Fruit/Juice, Milk Roast Beef, Mashed Potatoes w/ Gravy, Peas, WG Bread, Pears
Tuesday	Yogurt Parfait OR Cereal/WG Muffin, Fruit/Juice, Milk Tacos, Green Beans, Celery w/ PB, Peaches
Wednesday	Cereal, WG Toast, Fruit/Juice, Milk Pork Patty w/ WG Bun, Corn, Romaine Lettuce Salad, Pineapple Tidbits
Thursday	Breakfast Bar OR Cereal/WG Muffin, Fruit/Juice, Milk Pizza, Broccoli w/ Cheese, Macaroni Salad, Applesauce
Friday	WG Donut OR Cereal/WG Muffin, Fruit/Juice, Milk Hamburger on WG Bun, FF and/or Swt FF, Tomatoes, Mixed Fruit
Sept 18-22	
Monday	Breakfast Pizza OR Cereal/WG Muffin, Fruit/Juice, Milk BBQ Rib on WG Bun, FF and/or Swt FF, Peas, Applesauce
Tuesday	Cereal, WG Toast, Fruit/Juice, Milk Submarines, Corn, Gelatin, Pears
Wednesday	Scrambled Eggs, WG Toast OR Cereal/WG Toast, Fruit/Juice, Milk Potato Bake, Ham Salad or Tuna Salad Sandwich, String Cheese, Pineapple Tidbits
Thursday	WG French Toast Sticks OR Cereal/WG Muffin, Fruit/Juice, Milk Goulash, Green Beans, WG Dinner Roll w/ Jelly, Mixed Fruit
Friday	NO SCHOOL - P/T CONFERENCES
Sept 25-29	
Monday	WG Pancake/Sausage on a Stick OR Cereal/WG Muffin, Fruit/Juice, Milk Ham Patty on WG Bun, Broccoli w/ Cheese, Tator Gems and/or Swt Tator Gems, Applesauce
Tuesday	Breakfast Burrito OR Cereal/WG Muffin, Fruit/Juice, Milk Chicken Patty on WG Bun, Mashed Potatoes w/ Gravy, Peas, Peaches
Wednesday	Cereal, WG Toast, Fruit/Juice, Milk Burrito, Green Beans, Chips w/ Salsa, Mandarin Oranges, WG Birthday Cupcake
Thursday	Yogurt Parfait OR Cereal/WG Muffin, Fruit/Juice, Milk Spaghetti, WG Garlic Bread, Romaine Lettuce, Salad, Pears
Friday	Toaster Pastry, Sausage OR Cereal/Sausage, Fruit/Juice, Milk Mini Corn Dogs, Corn, Baked Beans, Mixed Fruit

Menus are subject to change without notice.

USDA is an equal opportunity provider and employer.

A variety of fruits and vegetables are offered with every meal.

Alternate Entrée: Chef Salad